STUDY RESULTS: What do research participants value receiving?

What the research team wanted to know
Sometimes people who participate in research want to get results from the study. A team of researchers at Vanderbilt University Medical Center wanted to find out what results people would value getting back. Some types of results are lab tests, blood pressure readings, and genetic testing. But there are other kinds of information that might be valuable to participants too.

Who was in the study
A total of 2500 adults from 49 states participated. They came from different ages, incomes, and backgrounds.

What the research study did
The research team created a survey that asked what research results and information people cared most about receiving. They sent the survey to volunteers in online platforms including ResearchMatch.

What the research team learned
More than three out of four people said they would like to get results back from a study they took part in. Many people also said that getting results would help them trust researchers more.

People valued genetic information the most. They wanted to know how their bodies might respond to a medicine and how likely they were to get a disease.

People also thought it would be valuable to learn about nearby clinical trials and get updates on how researchers were using their data.

Why this matters
People taking part in a research study often don’t get any results back from it. Sometimes researchers worry that people might not understand the results. They wonder if the results would be useful to participants or would cause them to feel stress. Also, it can cost a lot of money and work to send out results. This study shows that participants care about getting different kinds of results back. They also care about getting other types of information. These findings will help researchers plan for sharing results and other information.

Thank you!
A special ‘thank you’ to all the participants in the Return of Value study. You are making a difference!

To view the full scientific article about the Return of Value study, please click on this link: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6706772/#S22